

## Counseling

- Telephone counseling
- Email counseling
- Crisis intervention
- Short term and long term counseling
- Art therapy
- Assistance with criminal complaints and trials

Group therapy offer

Further training and specialized counseling

Public engagement

You can find detailed information and current offers on our homepage.



# wild wasser Stuttgart e.V.

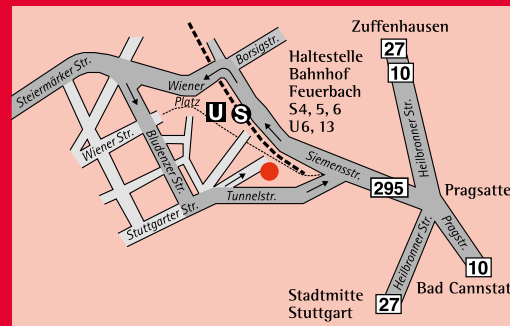
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70469 Stuttgart  
Tel. 0711-85 70 68  
Fax 0711-816 06 24  
info@wildwasser-stuttgart.de  
www.wildwasser-stuttgart.de

Telephone counseling  
Monday 9.00-10.00 a.m.  
Wednesday 5.00-6.00 p.m.

Telephone hours  
Tue and Wed 9.00 - 12.00 a.m.  
Thu 13.00 - 16.00 p.m.

Bank account  
BW - Bank  
IBAN: DE39 6005 0101 0405 1053 04  
BIC: SOLADEST600

Donations and support contributions are tax deductible.



Mitglied in



Gefördert von



wildwasser-stuttgart.de

Overcoming  
traumas.  
Gaining  
life.

# wildwasser

*Counseling and  
therapy after  
sexualized violence*

Specialized counseling  
center for women,  
relatives and professionals

# wild wasser Stuttgart e.V.

is a specialized counseling center, that supports, guides and advices

**Women\*** who have experienced or continue to experience sexual border violations or sexualized violence in childhood and youth,

**Relatives and caregivers** who want to develop an understanding of sexualized violence and its effects,

**Professionals** from other psychosocial fields of work who deal with the topic professionally.



You have come to the right place, no matter whether it is a border violation, a one-time assault, a sexualized violence over a longer period of time, female genital mutilation, assaults in pastoral care, medicine or therapy or sexualized violence in organized circles of offenders or destructive cults.

We offer our counseling also to women with disabilities and women with refugee experience.



The flyers are also available in simple german language.



An audio file in german is available on our homepage

[wildwasser-stuttgart.de](http://wildwasser-stuttgart.de)

## Offer

We do our work according to a holistically oriented concept using various methods and approaches from the fields of psychotherapy and trauma work.

During the counseling you have the possibility

- to inform yourself about sexualized violence, traumatization and their consequences.
- to receive support and guidance in dealing with the consequences of trauma (e.g. states of fear and panic, flashbacks, self-harming behavior, loss of trust, dissociation up to dissociative identity disorder)
- to learn stabilization technics
- to receive information about psychotherapy, hospital stays and other support services

Every woman who comes to us decides for herself what she wants to talk about and which kind of support she needs.

The counseling is confidential and can take place anonymously if desired.